

Social Story- It's Okay to Have Autism

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Many children are born in the world every year. Sometimes, a child is born who has something not quite right with him. This is called a disability. There are many kinds of disabilities. One of them is called autism. It is not your fault if you have autism. It is just something that happens. Nobody really knows why.

When you have autism, it means that you have a hard time talking to other people and telling them what you want. It is okay to have autism. There is nothing you could have done to cause it yourself. You don't need to feel bad if you have autism.

Sometimes when you have autism, things don't seem like they should. Noises may sound a little louder, or things may hurt in your hands that don't bother other people. This is okay, too. It is just a part of the autism. Sometimes certain foods may taste bad to you or you may like to see things spin. All of this is okay. It is part of what makes you very special and unique when compared to the rest of us.